



CAMPAIGN FOR EATING DISORDERS PREVENTION "THE POWER OF PARENTAL SUPPORT"

Another event of the Association and Institute UNIKAL, in their capacity as the International Chapter and Designated Educational Affiliate for Bulgaria of iaedp™ International Association of Eating Disorders Professional, with Chairman and Board Member Dr. Elisaveta Pavlova, CEDS.



We're excited to invite you to join our Power of Parental Support Eating Disorder Prevention Campaign!
Get involved in a cause, an opportunity for professional partnership or training that will help the parents of the hundreds of children and young people at risk and affected by eating disorders in Bulgaria.

Mission: Our campaign "The Power of Parental Support" is motivated by the idea of involving parents and relatives and supporting persons in the prevention and therapy of children and youth at risk and affected by eating disorders in Bulgaria.



- The statistics for children and young people affected by eating disorders in Bulgaria are serious. According to data from a nationally representative survey of adolescent eating habits conducted by the Center for Public Health in 2010 and 2011, 20% of girls and 8% of boys between the ages of 10 and 19 are at risk later to develop some kind of eating disorder - anorexia and bulimia nervosa or other.
- Eating disorders are disorders in the functioning of the brain, consequences of genetic or behavioral causes. Eating disorders can affect anyone and no one is immune. The most worrying are the eating disorders of children and adolescents, because of the incomplete physiological development of their nervous system and the whole organism. Diseases are serious, but timely help, early diagnosis and complex treatment give a real chance for full recovery.
- Parents have a decisive role in the prevention, therapy and recovery of their children's eating disorders with the right approach and selection of a competent team of specialists.
- Informed parents are the first to recognize the signs of an eating disorder in their child and intervene before symptoms cause significant damage.

- 🖱️ To learn more about the UNIKAL Association and Institute Campaign, the free resources and training opportunities offered please follow the link: <https://bit.ly/49wtZqA>